

FREQUENTLY ASKED QUESTIONS

Hopefully this page should answer many of your questions - if you have any others, please contact us.

- **When should I arrive for class?**

Please arrive about 10 - 15 minutes before the class begins so you have time to settle before the class. Make sure your child has a clean nappy and is well fed.

- **How big are the groups?**

We are usually between 5 - 10 families.

- **Can I bring two children with me?**

It is ideal for each child to be with an adult. If you have two or more babies please bring extra adults with you, or get in touch with us beforehand and we'll see how we can help.

- **Do I need to bring anything to class?**

You do not need to bring anything special to class. There will be space to leave buggies and bags. All mobile phones should be left in the bags.

- **Will it be noisy?**

We aim to have a sense of calm in the room so everyone can learn. If your child becomes fussy for any reason the teachers will support you and will accompany you out of the room until your child has regained their composure and is ready to rejoin the class. Don't worry about this - it is normal behaviour!

- **Is there time to chat with the other parents during class?**

Before or after class you will chat and meet many wonderful new people and friends. During the class everyone is hopefully on task.

- **Can I start the class, even if my child is already one or two years old?**

Yes, you can!

- **Can I join as an expecting mother?**

Yes! The class can be a wonderful experience for women in their 3rd trimester of pregnancy. Get in touch with us for more information.

- **Can I join a class mid-way through the year / term?**

Yes. There is no specific enrollment date - just get in touch when you are ready to join and we will send you the details of the class.